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SUGGESTED INTERVIEW QUESTIONS

Ripples: A Memoir of Reflection

By Diana LéGere

1. Your book *Ripples* is full of your personal reflections on various moments in your life. Why did you decide to write a book about your own life experiences, both the good and the bad?
2. How did you select the stories for *Ripples*?
3. Can you explain the meaning behind the title *Ripples*?
4. What do you hope readers take away from reading about your experiences and life lessons?
5. After reflecting back, what is the biggest piece of wisdom you've gained that you want to share with people?
6. Your book offers reflection questions and leaves room for readers to journal on their own experiences. Why is it important for people to take time to reflect back on their life?
7. How can *Ripples* help readers learn from their own experiences?
8. In the book, you say that the most important journey in life is our spiritual journey. How does taking the time to reflect on our lives strengthen our relationship with God?
9. What other projects are you working on?
10. Is there anything else you'd like to tell us about the book?
11. Where can readers purchase *Ripples*?