

**Author's name:** Diana LéGere

**Author's city:** Richmond, VA

**Book Title:** *Ripples: A Memoir of Reflection*

**Author's Website:** [www.womenofwordsrva.com](http://www.womenofwordsrva.com)

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## **ABOUT THE BOOK:**

*Time has taught me each life choice has a ripple effect  
on our lives and those we love.*

Diana LéGere believes in the power of reflection. In *Ripples*, she shares memories of her past and lessons learned in retrospect to show that the more we stop and consider the events of our lives, the better we are able to see how to move forward.

She shares memories from her childhood through her twenties and beyond, both humorous and painful, to show readers the ripples of her own life and how God has used those moments to shape and guide her.

By encouraging readers to do the same and reflect on their own life, she shows that if we take the time to learn from our past, it's never too late to:

- Share our gifts and talents
- Discover our authentic selves
- Step outside our comfort zone
- Trust God
- Forgive
- Accept God's timing
- Seize new opportunities

Diana invites you to step into her world as she recalls with humor and candor the scenes of her past, and how these memories have affected her journey.

By incorporating Scripture, suggesting reflection questions and providing space for journaling, *Ripples* will take readers on a personal journey and encourage them to explore the memories of their own life.

## **TALKING POINTS:**

- Life is a journey and it's never too late to change direction
- Everything happens to us for a reason and the way we respond to it impacts people around us, positive or negative – it's our choice
- Reflection is healthy and important because we all need to learn from our past
- Every person and experience is here to teach us something
- Be yourself because people spend too much time trying to be someone else in order to please others

## **IMPORTANT DATES:**

- Easter Sunday (April 12)
- World Book Day (April 23)
- National Tell a Story Day (April 27)
- Get Caught Reading Month (May)
- Mother's Day (May 10)
- Book Lovers Day (August 9)
- We Love Memoirs Day (August 31)

## **ABOUT THE AUTHOR:**

DIANA LÉGERE is a Christian and writer whose passion is to share her faith and life experiences through her words, and help other women do the same.

As the founder of the women's writing group, Women of Words, she works with first-time authors to provide editing, ghostwriting, and coaching services to help new authors get their words published.

She is the author of four books, including the cookbook *Feeding Families Authentic Southern: History, Traditions & Stories*, the memoir journal *Ripples: A Memoir of Reflection*, and the two upcoming books *He Spoke: A Memoir of Grace* and *Celebrations of Praise: 365 Ways to Fill Each Day with Meaningful Moments*.

A New York native, Diana now lives in Richmond, VA. A mother of three and a grandmother of two, she's as happy on the road (five cross-country road trips and counting) as she is with a green tea on the couch binge-watching an entire season of The Mary Tyler Moore Show. In addition to her writing, she loves painting, music, photography and her little chihuahua, Pablo.

## **PRAISE:**

*"I thoroughly enjoyed reading Diana's new book. She is an excellent writer, and I could see myself dipping my toes in the lake as she did as a child. She pulls you in as each chapter tells you a story of her life. In her introduction, one sentence in particular hit close to home – 'Change leads to something good when you have a receptive heart.' I highly recommend this book."*

- Sarah Norkus, author of *Broken Together*

*"A wonderful find! In our busy, fast-paced world, Ripples gave me permission to slow down and reflect. I found myself responding to the questions unhurriedly and honestly because the author is so transparent. This book is refreshing and powerful in an unassuming way. Before I knew it, I was transported back in time, and nuggets of truth in my life found clarity. And I'm the better for it. Relax, enjoy, and hopefully, you'll take your mask off too."*

- Carol Green, Goodreads reviewer

## **Book Details:**

**Publisher:** Arabelle Publishing

**Release Date:** January 2020

**Format:** Paperback

**Price:** \$9.95

**Total Pages:** 180

**ISBN-13:** 9780997912654

**Genre:** Christian Living, Devotional, Memoir