

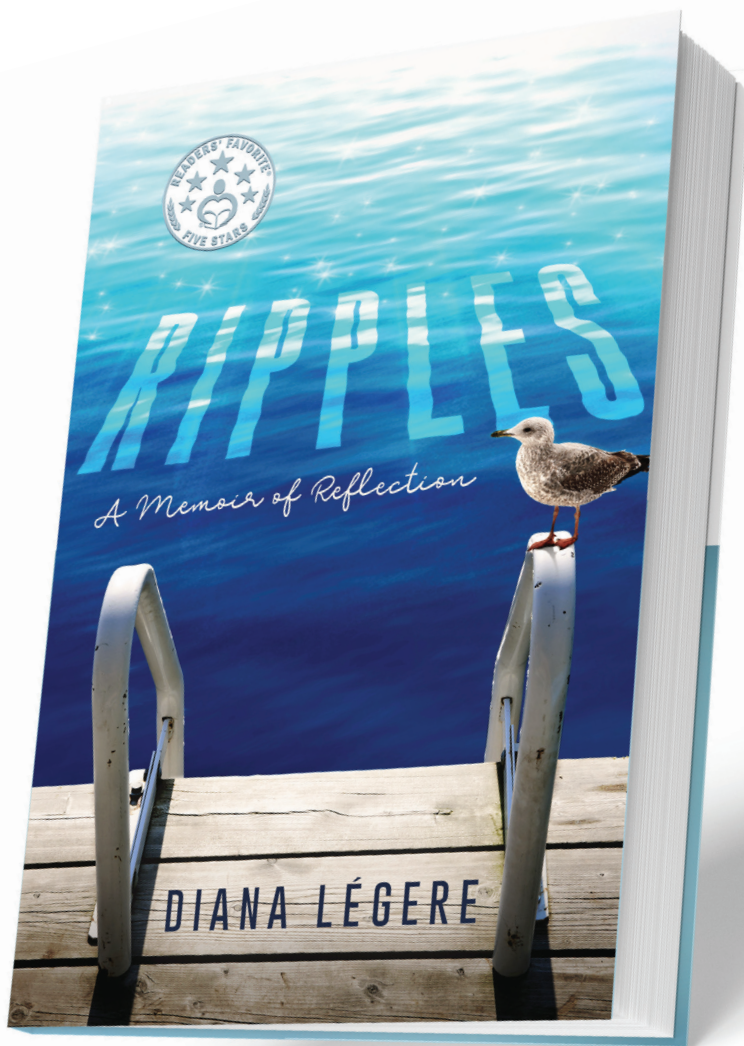


# RIPPLES

*A Memoir of Reflection*



DIANA LÉGERE



Book Title:

# Ripples

A Memoir of Reflection

Author: Diana  
LéGere

ISBN:

9780997912654

Paperback

180 pages

\$9.95

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## Book Description:

Diana takes a look back on the ripples of her own life to pull out nuggets of wisdom she has learned in retrospect. Some memories are humorous, and others are painful life lessons, but each one offers something to learn from. By sharing what she has learned and how, Diana empowers readers to take stock of their own life so they can better:

- Discover their authentic self
- Step outside their comfort zones
- Trust God
- Forgive others
- Share their gifts and talents
- Embrace God's timing
- Learn from past experiences
- Seize new opportunities

Each chapter includes a memory and reflection from Diana, along with appropriate Scripture, prayers, reflection questions, and space for journaling.





## Author quote:

“It’s important for people to think more about life, who they are, where they’ve been and where they’re heading,” says Diana. “With Ripples, I want to offer readers an opportunity to step outside of their lives for a moment, to better reflect, pray, and journal their experiences. I hope it can help people think about themselves in a new way and get closer to God through prayer and reflection.”

## Authors Bio:

Diana LéGere is a Christian and writer whose passion is to share her faith and life experiences through her words, and help other women do the same. As the founder of the women’s writing group, Women of Words, she works with first-time authors to provide editing, ghostwriting, and coaching services to help new authors get their words published.

She is the author of four books, including the cookbook Feeding Families Authentic Southern: History, Traditions & Stories, the memoir journal Ripples: A Memoir of Reflection, and the two upcoming books He Spoke: A Memoir of Grace and Celebrations of Praise: 365 Ways to Fill Each Day with Meaningful Moments.

A New York native, Diana now lives in Richmond, VA. A mother of three and a grandmother of two, she’s as happy on the road (five cross-country road trips and counting) as she is with a green tea on the couch binge-watching an entire season of The Mary Tyler Moore Show. In addition to her writing, she loves painting, music, photography and her little chihuahua, Pablo.

# Ripples will give you permission to slow down and reflect.

*"A wonderful find! In our busy, fast-paced world, Ripples gave me permission to slow down and reflect. I responded to the questions unhurriedly and honestly because the author is so transparent. This book is refreshing and powerful in an unassuming way. Before I knew it, I was transported back in time, and nuggets of truth in my life found clarity. And I'm the better for it. Relax, enjoy, and hopefully; you'll take your mask off too."*

**- Carol Green**

## Selected Interview Questions:

- 1 Your book Ripples is full of your personal reflections on various moments in your life. Why did you decide to write a book about your own life experiences, both the good and the bad?**
- 2 How did you select the stories for Ripples?**
- 3 Can you explain the meaning behind the title Ripples?**
- 4 What do you hope readers take away from reading about your experiences and life lessons?**
- 5 After reflecting back, what is the biggest piece of wisdom you've gained that you want to share with people?**
- 6 Your book offers reflection questions and leaves room for readers to journal on their own experiences. Why is it important for people to take time to reflect back on their life?**
- 7 How can Ripples help readers learn from their own experiences?**
- 8 In the book, you say that the most important journey in life is our spiritual journey. How does taking the time to reflect on our lives strengthen our relationship with God?**
- 9 What other projects are you working on?**
- 10 Is there anything else you'd like to tell us about the book?**
- 11 Where can readers purchase Ripples?**

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